



## **PRE-PROCEDURE INFORMATION**

### FOR AREOLA/NIPPLE

All remedial tattooing procedures are multi-session processes. You are required to come back for at least 1 touch-up visit before it can be determined that the procedure is complete. Touch-up visits are scheduled at 6 to 8 week intervals.

Be prepared for the colour intensity of your procedure to be significantly sharper, brighter, or darker than what is expected for the final outcome. It will take time for this transition, based on how quickly the outer layer of your skin exfoliates.

While these implanted tones may initially simulate the exact colour and tone desired, it will not always remain a perfect match. Implanted tones are constant, while your own skin tones will vary depending on exposure to cold, heat, sun, and circulatory changes. The sun will fade your pigment more than anything else.

Please review the following directions and refer to them as necessary. If during your healing process you have any questions or concerns, please contact Diane at DB Permanent Makeup.

1. Any electrolysis, laser, IPL, or waxing should be done 2 days prior to the procedure. Do not resume hair removal for 4 weeks.
2. It is essential that you are not tanned when skin tone colour match takes place.
3. Refrain from the use of alcohol, Aspirin, ibuprofen, or any anti-inflammatory drugs for 2 days before the procedure. Refrain from judgement-altering drugs for at least 24 hours prior to any procedure. No medication should be discontinued without first consulting your doctor.
4. A patch test is offered on request. If corrective pigment camouflage is being performed, then a patch test is compulsory.
5. Infections can occur if you do not adhere to the aftercare instructions.

## **AFTER CARE INSTRUCTIONS**

### FOR AREOLA AND NIPPLES

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the touch up visits. Please

review the following directions and refer to them as necessary. If during your healing process you have any questions or concerns, please contact Diane at DB Permanent Makeup.

1. The most important after care is to keep the area away from shower/bath 7 days until all the scabbing has come off.
2. Keep the tegaderm on for 7 days, remove in shower on 7th day, apply ointment morning & night after that till your touchup appointment.
3. If allergic to tegaderm or water from your shower got inside the dressing, boil the kettle, allow to cool and bathe the Areola once a day for 7 days. After bathing the Areola apply ointment and cover with gaze. Once the dressing is no longer needed, keep applying the healing ointment 2 to 3 times per day until all the scabs have come off. Residual pigment may stain clothing or sheets.
4. Scabbing with some itching is normal. DO NOT pick, peel, or scratch the treated area or your colour may heal unevenly and you risk scarring and infection.
5. Pigment will fade within 5 days post-procedure.
6. Wash your hands before touching the treated area. Do not expose the area to dirty or unsanitary condition
7. Do not expose your healing skin to direct sun, tanning beds, steam rooms, saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams, ointments, all aloe products or lotions other than what you have been instructed to use for 2 weeks following your procedure. NO heavy exercise for 48 hours.

### **LONG TERM CARE**

1. Do not expose the area to sun. Sun exposure will fade your permanent medical tattoo and may cause irritation even years later.
2. If you are planning a chemical peel, MRI, or other medical procedure, please inform your physician of your medical tattoo.
3. If you donate blood, it is a blood bank policy that you must wait 1 year after any tattooing procedure before you are able to donate blood.

### **FAQ**

#### Will I have pain during the procedure?

While is generally not much sensation on the breast mound from the surgery, highly topical anaesthetics are used to numb the area of treatment and provide comfort to ensure an optimal procedure.

#### Will the needle puncture my implant?

No the needle implements colour in the upper dermal layer of the skin.

What will happen to my medical tattoo if I need another surgery?

If there is an incision through the area that has been pigmented, there might just need a touchup to blend in the colour.

What if I have hair on my breast from the flap area?

That area can be shaved or have laser treatments prior to the dermal pigmentation.

How many visits will it take?

The number of sessions depend on the amount of scar tissue, pigment retention and aftercare.

How long will it last?

This will be a permanent procedure but will fade over time. Due to the area not getting much sunlight, patients may not require colour refreshes for sometimes over ten years.

Will my insurance cover this procedure?

Patients may submit to their insurance company. Some insurance companies are reimbursing limited amounts.

---

♥ A LOVE NOTE TO MY PATIENTS

I really appreciate having you as my patient. I value my patients and the journey we walked together. Your testimonial and referral are the best compliment I could receive and I would love to hear your feedback.

To leave me a review on my [Facebook Page](#) or via [email](#) - it would mean the world to me!

If you have any questions regarding your procedure, please contact Diane directly at 902-314-6018 or by [email](#).

---

DB Permanent Makeup & Corrective Cosmetics

% Clinic805, 805 Fairfield Road, Victoria, B.C, V8V 0A7 - 250.595.3888

